

DIRECTIONS: Take 2 capsules within an hour of bedtime, or as directed by your health-care professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using or any dietary supplement.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



SWYCH
**DREAM
LEAN**

SLEEP DEEP. BURN FAT. WAKE LEAN.

DIETARY SUPPLEMENT



60 CAPSULES

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin D (as Cholecalciferol)	2,000 IU	250%
Vitamin B3	1 mg NE	6%
Magnesium (as Magnesium Oxide)	250 mg	62%
Sleep Burn Matrix	500 mg	**
White Kidney Bean, Green Coffee Bean Extract, L-Theanine, L-Carnitine Tartrate, L-Tryptophan, CLA (as Conjugated linoleic acid), Melatonin.		
Relax + Restore Matrix	360 mg	**
Ashwagandha Root, Lemon Balm Extract, Passion Flower Extract, Valerian Root, GABA, 5-HTP.		

**Daily Value (DV) not established.

Other Ingredients: Cellulose, Vegetable Stearate.

Manufactured by: SWYCH, LLC | Sarasota, FL | SWYCH.com

ITEM #: NS3225 | LOT #: 250702 | BEST BY: 7/31/28