

DIRECTIONS: Take 2 capsules in the morning with a meal.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using or any dietary supplement.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured by: SWYCH, LLC | Sarasota, FL | SWYCH.com

ITEM #: NS3270 | LOT #: 250410 | BEST BY: 4/30/28



MEN'S MULTIVITAMIN

LONGEVITY & PROSTATE SUPPORT [†]

DIETARY SUPPLEMENT



60 CAPSULES

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin A	600 mcg RAE	67%
Vitamin C	150 mg	167%
Vitamin D	10 mcg	50%
Vitamin E	13.5 mg	90%
Thiamin	7 mg	583%
Riboflavin	7.5 mg	577%
Niacin	30 mg NE	188%
Vitamin B6	7.5 mg	441%
Folate	680 mcg DFE (400 mcg Folic Acid)	170%
Vitamin B12	27 mcg	1125%
Biotin	300 mcg	1000%
Pantothenic Acid	10 mg	200%
Calcium	50 mg	4%
Magnesium	50 mg	12%
Zinc	15 mg	136%
Selenium	30 mcg	55%
Copper	2 mg	222%

Manganese	2 mg	87%
Chromium	120 mcg	343%
Molybdenum	75 mcg	167%
Male Complex	200 mg	**
Alpha Lipoic Acid (ALA), Chinese Yam Extract, Red Clover Extract, Lutein, Cranberry Extract, Lycopene.		
Immune Complex	200 mg	**
Goldenseal, Echinacea, Spirulina, Garlic.		
Antioxidant Complex	200 mg	**
Green Tea Extract, Chinese Hawthorn Powder, Cassia Cinnamon, Bilberry Extract, Grape Seed Extract, Black Currant Extract, Pomegranate Extract.		

**Daily Value (DV) not established.

Other Ingredients: Cellulose, Vegetable Stearate.