CH Magnesium Complex

'Power Every Cell. Fuel Every Move."

Advanced 5-Source Magnesium for Maximum Absorption & Results

SWYCH

Unlock the full potential of magnesium with SWYCH Magnesium Complex. Designed for superior absorption and total body performance, our formula delivers 500mg of magnesium sourced from 5 highly effective forms: Aquamin[™] Marine Magnesium, Malate, Citrate, Glycinate, and Oxide. Support stronger bones, improved muscle recovery, deeper sleep, a calmer mind, and more balanced energy every day. Whether you're an athlete, high performer, or simply serious about your health, SWYCH Magnesium Complex is your all-in-one solution to feel your absolute best.

Harness the power of five bioavailable forms of magnesium to fuel your body, mind, and metabolism.

ZORBMAX[®] DELIVERY TECHNOLOGY

SWYCH[®] is a scientifically-driven technology company. We specialize in the development and production of superior wellness products, utilizing our proprietary ZorbMax[®] Delivery Technology. Through our commitment to superior quality, we have solved the limited absorption issue of traditional delivery methods for nutraceutical & cosmeceutical products.

Studies show that less than 55% of all supplements ingested orally ever reach the cell. This is why we have made our products faster acting, delivering

1000 X



SERVINGS: 30 TABLETS | SKU: NS3045



superior absorption & helping you perform at your best. At Swych, our nutrition particles are so small, millions of them could fit on the head of a pin. These tiny particles can easily enter your blood stream & deliver the needed nutrition directly into your cells.

For those who demand nothing but the best! We deliver "MAXIMUM BIOAVAILABILITY".

NORMAL PARTICLES

ZORBMAX[®] TECHNOLOGY PARTICLES



MAGNESIUM COMPLEX

Supplement Facts

Serving Size: 2 Capsules Servings per Container: 30

Amount Per Serving % Daily Value

Magnesium 500 mg 119% Complex

Magnesium Hydroxide (Aquamin™), Magnesium Glycinate, Magnesium Malate, Magnesium Oxide, Magnesium Citrate.

** Daily Value Not Established.

Other Ingredients: Cellulose, Vegetable Stearate.

Aquamin™ is a registered trademark of Marigot Ltd. of Cork Ireland.

HOW TO USE:

Take 2 capsules a day, or as directed by your healthcare professional.



FEATURES & BENEFITS

Magnesium Hydroxide (Aquamin[™])

- Sourced from marine red algae for superior purity and absorption.
- Supports bone density and mineralization
- Aids digestion and gut pH balance.
- Aquamin[™] is clinically backed and ocean-harvested for premium performance.

Magnesium Malate

- Supports muscle energy and endurance.
- May help reduce fatigue and chronic discomfort.
- Promotes ATP production for cellular energy.
- Perfect for active lifestyles and recovery support.

Magnesium Oxide

- Promotes regularity and digestive health.
- Supports blood pressure and heart function.
- A foundational form that complements faster-absorbing types.

Magnesium Citrate

- Known for fast absorption and effectiveness.
- Helps relax muscles, reduce cramps, and improve sleep.
- Supports metabolic and nervous system function.
- Ideal for calming the body and mind.

Warning: Keep out of reach of children. Not intended for individuals under the age of 18. Consult your healthcare provider prior to use if you are pregnant, attempting to become pregnant, nursing, taking medications, or have any health care concerns. Do not use if safety seal is broken or missing.

Storage: Store in a cool, dry place.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Magnesium Glycinate

- Gentle on the stomach and highly bioavailable.
- Known for promoting relaxation and deeper sleep.
- Supports stress reduction and emotional balance.
- Excellent for nighttime recovery and stress support.

Why SWYCH Magnesium Complex Stands Out:

- 5 advanced forms for complete cellular coverage
- 119% Daily Value per serving
- Designed for athletes, high performers, and anyone needing real results
- Clean formula: no fillers, only pure performance ingredients

For More Information, Contact: