

**DIRECTIONS:** Take 2 capsules in the morning with a meal.

**CAUTION:** Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using or any dietary supplement.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

*† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*

Manufactured by: SWYCH, LLC | Sarasota, FL | SWYCH.com

ITEM #: NS3275 | LOT #: 250415 | BEST BY: 4/30/28



# WOMEN'S MULTIVITAMIN

FEEL STRONG, RADIANT & RESILIENT <sup>†</sup>

DIETARY SUPPLEMENT



60 CAPSULES

## Supplement Facts

Serving Size: 2 Capsules  
Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin A	600 mcg RAE	67%
Vitamin C	150 mg	167%
Vitamin D	10 mcg	50%
Vitamin E	13.5 mg	90%
Thiamin	7 mg	583%
Riboflavin	7.5 mg	577%
Niacin	15 mg NE	94%
Vitamin B6	7.5 mg	441%
Folate	680 mcg DFE (400 mcg Folic Acid)	170%
Vitamin B12	27 mcg	1125%
Biotin	300 mcg	1000%
Pantothenic Acid	10 mg	200%
Calcium	50 mg	4%
Magnesium	50 mg	12%
Zinc	15 mg	136%
Selenium	30 mcg	55%
Copper	2 mg	222%

Manganese	2 mg	87%
Chromium	120 mcg	343%
Molybdenum	75 mcg	167%
Female Complex	200 mg	**
Alpha Lipoic Acid (ALA), Chinese Yam Extract, Red Clover Extract, Lutein, Cranberry Extract, Lycopene.		
Immune Complex	200 mg	**
Goldenseal, Echinacea, Spirulina, Garlic.		
Antioxidant Complex	200 mg	**
Green Tea Extract, Chinese Hawthorn Powder, Cassia Cinnamon, Bilberry Extract, Grape Seed Extract, Black Currant Extract, Pomegranate Extract.		

\*\*Daily Value (DV) not established.

**Other Ingredients:** Cellulose, Vegetable Stearate.